

Resveratrol Synergy 60 vegetarian capsules

Antioxidants • Brain Wellness Support • Herbal Products

A Powerful Combination of Trans-Resveratrol, Quercetin, and Lecithin

Exciting research continues to emerge concerning the powerful polyphenol resveratrol which is found in peanuts, berries, the skin of red grapes, red wine, and in the Japanese Knotweed plant also known as polygonum. Resveratrol research has proven it to have very potent antioxidant protection, estrogen protection, cardio-protection, cancer protection, viral protection and neuron protection.



Researchers at Harvard Medical School have found that resveratrol increases the production of a protein called SIRT1, and although it has not yet been confirmed in humans, in theory this action could increase human lifespan dramatically. One negative aspect of this research is that it would be impossible to consume, from normal food sources, the amount of resveratrol proven effective. The amounts used in one successful mouse study were approximately 22.4 mg/kg body weight per day. Scaling this amount to human body weights could imply an "equivalent human dose" of 1.5 to 2.0 grams/day, however if one compensates for the fact that humans have slower metabolic rates than mice, an equivalent human dose may be closer to a range of 200 mg/day. With this in mind Resveratrol Synergy was designed as the ultimate high potency, high quality 200mg trans-resveratrol formulation.

Resveratrol Synergy is optimally formulated to include:

- quercetin, another beneficial polyphenol, because research suggests a powerful synergism with resveratrol.
- lecithin for enhanced absorption.
- a standardization to the trans-form of resveratrol, as only the trans-form of the molecule is capable of activating the mammalian SIRT1 gene in vitro.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Product Contains: Trans-Resveratrol (from 400 mg Polygonum cuspidatum, root) 200 mg; Quercetin Dihydrate 200 mg; Lecithin 100 mg.

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, silicon dioxide, vegetable stearate.

This product does not contain: wheat, yeast, gluten, eggs, dairy, corn, artificial colors, flavors, sugars, or preservatives.

Serving Size: 1 capsule

Recommended Use: As a dietary supplement, take one capsule daily or as directed by your health care practitioner.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

