

Carnitine Tartrate Powder

Cardiovascular/Lipid Support • Mitochondrial Support & Energizers • Sports Nutrition • Weight Management

Without Carnitine fats cannot be burned for energy. Without energy, cells become weak or die. Because of this optimizing Carnitine levels has been found to have dramatic benefits for low energy, obesity, and fatigue. Controlled trials have demonstrated that Carnitine increases weight loss by promoting optimal fat burning by the mitochondria.

Carnitine also helps promote heart health, maintenance of healthy cholesterol levels, and sports endurance and recovery.*



Designs for Health uses carnitine tartrate and carnitine magnesium citrate sourced from Switzerland. This is the only carnitine guaranteed to be free of the impurity D-carnitine. D-carnitine may interrupt the function and effectiveness of L-carnitine in the body. Carnitine Tartrate powder is a superb value. It has a pleasant tart taste and mixes well with liquids. It is highly recommended for those needing higher doses of carnitine.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Product Contains: L-Carnitine (from L-Carnitine Tartrate) 700 mg.

Other Ingredients: Vegetable stearate.

This product does not contain: wheat, yeast, soy, gluten, eggs, dairy, corn, artificial colors, flavors, sugars, or preservatives.

Serving Size: 1/4 of a teaspoon (1 gram)

Recommended Use: As a dietary supplement, take one quarter teaspoon (1 gram) on an empty stomach per day or as directed by your health care practitioner.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.