

BioDIM®

150 mg, 60 capsules

Product code: CP8085

Promotes healthy hormone balance

Supports breast, cervical and prostate health

BioDIM® helps activate pathways that encourage healthy hormone balance, body weight and immune health, particularly related to the breast, cervix and prostate.

What is BioDIM?

BioDIM is a patented form of diindolylmethane (DIM).

DIM is an antioxidant and valuable phytonutrient with unique health benefits.

Where does DIM come from?

DIM is the major metabolite of indole-3-carbinol, a constituent of cruciferous vegetables, such as broccoli, cauliflower and cabbage. Indole-3-carbinol is considered the source of the health benefits associated with cruciferous vegetables, and naturally converts to DIM (about 10%) in the stomach.

Research update:

BioDIM has demonstrated benefits for breast and cervical health. BioDIM helps guide estrogen metabolism to produce healthy and protective 2-hydroxy estrogens, and minimizes inflammatory pathways. There are currently 7 human clinical trials using DIM underway in the United States (2009). Most are investigating the influence of DIM on preventing or delaying abnormal cell formation in the prostate, cervix and in lungs of smokers*.

Patented Technology

BioDIM from Complementary Prescriptions™ is made using a patented microencapsulation process that significantly improves absorption compared to other DIM products. Delivered in vegetarian capsules.



Recommended Dosage: 75 mg to 300 mg per day with meals.

Product Cautions: (none)

Shipping Restrictions: No import to: Canada

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Related Products:

BioDIM® 75 mg, 60 capsules

Indole-3-Carbinol 250 mg, 60 capsules